

MANCHESTER COMMUNICATION PRIMARY ACADEMY

# INTENT AND SEQUENCING

## PSHE Subject Overview

Curriculum



# NURSERY

Special Events	Autumn 1 - Black history Month	Autumn 2 - Anti bullying week - Road safety week	Spring 1 - Internet safety week - LGBT History Month - Martin Luther King Day - Holocaust Memorial Day -Place 2 Be Children's mental health week	Spring 2 - World book day - International women's day - World health day - Science week	Summer 1 - Mental health awareness week - Walk to school week	Summer 2 - Healthy eating week: - Refugee Week - National Disability week
<b>MCPA Qualities</b>	Attitude Behaviour	Courage Friendship	Determination Enthusiasm	Attitude Grit	Friendship Courage	Behaviour, Determination & Enthusiasm
<b>Key Text:</b>	My Brown Skin by Thomishia Booker	Giraffe is left out by Sue Graves and Trevor Dunton	The Family Book by Todd Parr  Troll Stinks! Jeanne Willis & Tony Ross (online safety)	It's great to be Kind by Jordan Collins and Stuart Lynch	My many coloured days by Dr Seuss	My Name is not Refugee by Kate Milner  Migrants by Issa Watanabe  Grow Strong!: A Book About Healthy Habits (Being the Best Me) Cheri J. Meiners
<b>Core units</b>	CORE 1: Health and Wellbeing		CORE 2: Relationships Education		CORE 3: Living in the Wider World	
<b>Links</b>	Parents/ local community members	Community Champions: Green Cross Code and Anti-Bullying week (recorded message)	Mental Health Champions: Wellbeing in 15	Community Champions: recordings of children reading stories with a wellbeing focus	Mental Health Champions: Wellbeing in 15	MCPA Health & Wellbeing Day (Healthy eating week) Recorded Pupil diaries (National Disability week)
	<ol style="list-style-type: none"> <li>1.Find ways of managing transitions, for example from their parent to their key person.</li> <li>2.Learn to use the toilet with help, and then independently</li> <li>3.Find ways to calm themselves, through being calmed and comforted by their key person</li> <li>4.Begin to show 'effortful control'. For example, waiting for a turn and resisting the strong impulse to grab what they want or push their way to the front.</li> <li>5.Be increasingly able to talk about and manage their emotions.</li> <li>6.Play with increasing confidence on their own and with other children,</li> </ol>	<ol style="list-style-type: none"> <li>1.Increasingly follow rules, understanding why they are important.</li> <li>2.Develop friendships with other children.</li> <li>3.To learn rules for, and ways of, keeping safe, including basic road safety and about people who can help them to stay safe.</li> <li>4.Develop friendships with other children.</li> <li>5.Is aware of own feelings and knows that some actions and words can hurt others' feelings <b>L15 -You Smell</b></li> </ol>	<ol style="list-style-type: none"> <li>1.Selects and uses activities and resources with help. <b>L5 -MAKE YOUR CHOICE</b></li> <li>2.Enjoys responsibility of carrying out small tasks. <b>L6-ODD JOBS</b></li> <li>3.Talks confidently to other children when playing. <b>L7- CHATTERBOX</b></li> <li>4.Communicates freely about own home and community. <b>L8-WHERE I LIVE</b></li> <li>5.Shows confidence in asking adults for help. <b>L9-CAN YOU HELP?</b></li> <li>6.Welcomes and values praise for what they have done. <b>L10-WELL DONE!</b></li> </ol>	<ol style="list-style-type: none"> <li>1.Feel confident when taken out around the local neighbourhood, and enjoy exploring new places with their key person.</li> <li>2.Talk about their feelings in more elaborated ways: "I'm sad because..." or "I love it when ...".</li> <li>3.Develop appropriate ways of being assertive.</li> <li>4. Talk with others to solve conflicts.</li> <li>5.Be increasingly independent in meeting</li> </ol>	<ol style="list-style-type: none"> <li>1.Plays in a group, extending and elaborating play ideas. <b>L1-LETS PLAY SHOPS</b></li> <li>2.Initiates play, offering cues to peers to join in. <b>L2-WHOS PLAYING?</b></li> <li>3.Responds to what others say or do and keeps play goin - <b>.L3-IT'S YOUR TURN!</b></li> <li>4.Demonstrates friendly behaviour, initiating conversations and forming good relationships with peers and familiar adults. <b>L4 - GOOD FRIENDS</b></li> <li>5.Is more outgoing towards unfamiliar</li> </ol>	<ol style="list-style-type: none"> <li>1.Select and use activities and resources, with help when needed. This helps them to achieve a goal they have chosen, or one which is suggested to them.</li> <li>2.Make healthy choices about food, drink, activity and toothbrushing.</li> </ol>

	because they know their key person is nearby and available.  7. Notice and ask questions about differences, such as skin colour, types of hair, gender, special needs and disabilities	6. Safely explore emotions beyond their normal range through play and stories.		their own care needs, e.g. brushing teeth, using the toilet, washing and drying their hands thoroughly	people, and more confident in new social situations <b>L11- A New Baby</b>  6. Understand gradually how others might be feeling.	
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RECEPTION						
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<b>Core units</b>	CORE 1: Health and Wellbeing		CORE 2: Relationships Education		CORE 3: Living in the Wider World	
<b>Big Question</b>	Where are you from?	Can we all be friends?	Who are you?	Does gender matter?	What makes me brave?	Are we healthy?
<b>Links</b>	Parents/ local community members	Community Champions: Green Cross Code and Anti-Bullying week (recorded message)	Mental Health Champions: Wellbeing in 15	Community Champions: recordings of children reading stories with a wellbeing focus	Mental Health Champions: Wellbeing in 15	MCPA Health & Wellbeing Day (Healthy eating week) Recorded Pupil diaries (National Disability week)

	<p>1a. Shows sensitivity to others' needs and feelings and forms positive relationships with adults and other children. 1b. Knows when to say "Thank you" and "Sorry". L1 - HIDE AND SEEK</p> <p>2. Talks about how they and others show feelings L2 - NAN'S HOUSE</p> <p>3a. Confident to speak to others about own needs, wants, interests and opinions. 3b. Knows personal likes, dislikes and preferences. L3- I LIKE</p> <p>4a. Plays co-operatively, taking turns with others. 4b. Takes steps to resolve conflicts with other children by finding compromises L4 - IT'S YOUR TURN</p> <p>5. Notice and ask questions about differences, such as skin colour, types of hair, gender, special needs and disabilities</p>	<p>1. To learn rules for, and ways of, keeping safe, including basic road safety and about people who can help them to stay safe.</p> <p>2. Works as part of a group or class, and understands and follows the rules It's all about... taking part! L9 - STICK TO THE RULES</p> <p>3. Beginning to be able to negotiate and solve problems without aggression It's all about...where to start! L5 - WHAT A PROBLEM</p> <p>4. Talks about their own and others' behaviour and its consequences L13 - BULLY BOY L24 - PLAYTIME GAMES</p> <p>5a. Recognises their achievements and what they are good at. 5b. Can describe self in positive terms and talk about abilities L15 - ONE GOLD STAR</p>	<p>1. Says when they do or don't need help L6 - TAKE THE PLUNGE</p> <p>2a. Shows sensitivity to others' needs and feelings and forms positive relationships with adults and other children. 2b. Initiates conversations, attends to and takes account of what others say. L7- AN OLD FRIEND</p> <p>3. Can describe self in positive terms and talk about abilities • Recognises that they are unique • Celebrates individuality L8 - ME AND YOU</p> <p>4a. Takes account of one another's ideas about how to organise an activity. 4b. Confident to speak in a familiar group L10 - RAINY DAYS</p> <p>5a. Begins to develop an awareness of E-Safety. 5b. Knows how to make good decisions. L22- E SAFETY BE SAFE</p> <p>6. Safely explore emotions beyond their normal range through play and stories.</p>	<p>1a. Shows sensitivity to others' needs and feelings and form positive relationships with adults and other children (ELG) 1b. Recognises ways in which their families are special. L14 - FAMILY FUN L16 - ALL JOIN IN</p> <p>2a. Knows the people who look after them and their different roles and responsibilities. L17- I'M STUCK</p> <p>3a. Asks appropriate questions of others. 3b. Recognises what can cause different feelings (e.g. sympathy, sadness, relief ) L11 - I FEEL POORLY</p> <p>4a. Talks about their own and others' behaviour and its consequence. 4b. Understand the importance of personal hygiene. L12 - CLEAN AND TIDY</p> <p>5. Be increasingly independent in meeting their own care needs, e.g. brushing teeth, using the toilet, washing and drying their hands thoroughly</p>	<p>1a. Asks appropriate questions of others 1b. Chooses resources they need for their chosen activities. L18- A PIECE OF CAKE</p> <p>2a. Talks about how they and others show feelings 2b. Knows how to care for living things. L20 - THE NEW PET</p> <p>3. Says when they do or don't need help L21 - GETTING IN A KNOT!</p> <p>4. Understand gradually how others might be feeling.</p> <p>5a. Talks about their own and others' behaviour and its consequences 5b. Plays cooperatively and learns to take turns. L24 - PLAYTIME GAMES</p> <p>6a. Explains own knowledge and understanding 6b. Shows sensitivity to others' needs and feelings and form positive relationships with adults and other children L23- EID MUBARAK</p>	<p>1. Select and use activities and resources, with help when needed. This helps them to achieve a goal they have chosen, or one which is suggested to them.</p> <p>2. Make healthy choices about food, drink, activity and toothbrushing.</p> <p>3. Recognises that their bodies can do lots of different things • Knows why it is important to be physically active • Shows awareness of physical differences L19 - BUSY BODIES</p>
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## Year 1

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<b>Core units</b>	CORE 1: Health and Wellbeing		CORE 2: Relationships Education		CORE 3: Living in the Wider World	
<b>Big Question</b>	Where are you from?	Can we all be friends?	Who are you?	What can we do?	How can we solve a problem?	Are we healthy?
<b>Links</b>	Parents/ local community members	Community Champions: Green Cross Code and Anti-Bullying week (recorded message)	Mental Health Champions: Wellbeing in 15	Community Champions: recordings of children reading stories with a wellbeing focus Dentist visit	Mental Health Champions: Wellbeing in 15	MCPA Health & Wellbeing Day (Healthy eating week) Recorded Pupil diaries (National Disability week) Nurse visit
<b>Week 1</b>	L.O - To learn about a range of different feelings and emotions  <i>Resources: Core theme 1 Unit 3 Lesson 6 - MOOD SWINGS</i>  Outcomes: .To recognise, name and manage their feelings in a positive way.	<b>Road safety week</b> L.O: 1.To learn rules for, and ways of, keeping safe, including basic road safety and about people who can help them to stay safe  <i>Resources: C 1 U5 L2: Road Safety – Green X Code *see also road safety website for planning and resources www.think.gov.uk</i>  Outcomes: To develop an awareness of the Green Cross Code. To demonstrate basic road safety skills	L.O: .Learn to listen to people and play and work cooperatively.  <i>Resources: CORE 2 UNIT 1 LESSON 3 – I THINK</i>	L.O: To learn about the importance of effective teeth cleaning and good dental hygiene.  <i>Resources: C1 U2 L1- DENTAL HYGIENE LESSON 1</i>	L.O: Learn how to develop positive relationships with peers.  <i>Resources: C2 U4 L1 – FOREVER FRIENDS</i>  Outcomes: Recognise that family and friends should care for each other	L.O: .To understand the importance of sun safety  <i>Resources: CORE 1 UNIT 5 LESSON 1 – IT'S A COVER UP</i>  Outcomes: To know how to keep safe in the sun. To recognise and manage risk in everyday activities

<p><b>Week 2</b></p>	<p>L.O - 1.Recognise and communicate feelings to others. <i>Resources: Core theme 2 Unit 1 Lesson 1-HOW I FEEL</i></p> <p>Outcomes: .Learn how to share views. .Recognise, name and deal with feelings in a positive way. <i>Pupil Voice</i></p>	<p>L.O: 1.Understand what is and what is not bullying behaviour</p> <p><i>Resources: CORE 2 UNIT 2 LESSON 3 – Bullying is..</i></p> <p>Outcomes: .Recognise how their behaviour affects other people. Understand that bullying is wrong</p>	<p>L.O: 1.To listen to, reflect on and respect other people’s views and feelings</p> <p><i>Resources: CORE 2 UNIT 1 LESSON 4 -NEGOTIATION</i></p> <p>Outcomes: 2.To understand the concept of negotiation</p>	<p>L.O: To learn how to take care of teeth, in addition to brushing.</p> <p><i>Resources: C1 U2 L1- DENTAL HYGIENE LESSON 2</i></p> <p>Outcomes: To manage basic personal hygiene.</p>	<p><i>L.O:</i> Understand the importance of making friends.</p> <p><i>Resources: C2 U4 L2 – MAKE FRIENDS</i></p> <p>Outcomes: Identify and respect the differences and similarities between people.</p>	<p><i>L.O: Understand that people and other living things have needs and that they have responsibilities to meet them.</i></p> <p><i>Resources: C3 U1 L6 – TALKING TO PLANTS</i></p> <p><i>Outcomes: Learn about responsibility to others.</i></p>
<p><b>Week 3</b></p>	<p>L.O: Recognise and communicate feelings to others.</p> <p><i>Resources: Core theme 2 Unit 1 Lesson 2 – YOU &amp; ME</i></p> <p>Outcomes: .To recognise, name and deal with their feelings in a positive way.</p>	<p>L.O: 1.Understand who can help if someone is affected by bullying.</p> <p><i>Resources: CORE 2 UNIT 2 LESSON 5 – HELP ME!</i></p> <p>Outcomes: .Understand that there are different types of bullying, bullying is wrong and how to get help to deal with bullying.</p> <p><i>(Anti bullying week)</i></p>	<p>L.O: 1.To understand that it is important to share their opinions and to be able to explain their views</p> <p><i>Resources: CORE 2 UNIT 1 LESSON 5 – WANT TO PLAY?</i></p> <p>Outcomes: .To learn to listen to other people and play and work cooperatively</p>	<p><i>International women’s day</i></p> <p>L.O: 1.To take part in a simple debate about topical issue. To reflect on the similarities and differences between people.</p> <p><i>*See website for resources &amp; planning.</i></p> <p>Outcomes: To share opinions and explain their views.</p>	<p>L.O: Learn about some similarities and differences between people from different countries and the importance of cross-cultural friendships.</p> <p><i>Resources: C2 U4 L3 – HOLA!BONJOUR!</i></p>	<p>L.O: 1.Learn about where vegetables and fruit grow</p> <p><i>Resources: CORE 1 UNIT 1 LESSON 1 – VOTE GREEN</i></p> <p>Outcomes: Understand the social aspect of eating food together. .Know that making good choices about food will improve their health and well-being.</p>
<p><b>Week 4</b></p>	<p>L.O: 1.To recognise how their behaviour affects other people</p> <p><i>Resources: Core theme 2 Unit 2 Lesson 4 -&gt; AND -</i></p> <p>Outcomes: .To understand what is positive and negative behaviour.</p>	<p>L.O: 1.To recognise how their behaviour affects other people</p> <p><i>Resources: CORE 2 UNIT 3 LESSON 3 – IN MY SHOES</i></p> <p>Outcomes: .To recognise how attitude and behaviour, including bullying, may affect others. To recognise how their behaviour and that of others may influence people both positively and negatively</p>	<p>L.O: 1.Communicate feelings to others.</p> <p><i>Resources: CORE 2 UNIT 1 LESSON 6 – LET’S DEBATE</i></p> <p><i>Outcomes:</i> Share opinions and share views. To reflect on the similarities and differences between people.</p>	<p>L.O: I can name some foods which are specifically good for our teeth.</p> <p><i>Resources: C1 U2 L1- DENTAL HYGIENE LESSON 3</i></p> <p>Outcomes: I can demonstrate an understanding of the importance of a healthy lifestyle, including dental hygiene.</p>	<p>L.O: Learn about the importance of sharing as part of friendship and kindness.</p> <p><i>Resources: C2 U4 L4 – Share alike.</i></p>	<p><i>LIVING IN THE WIDER WORLD: money &amp; finance</i></p> <p><i>L.O: Understand where money comes from</i></p> <p><i>Resources: C3 U3 L1 – GROWS ON TREES</i></p> <p><i>Outcomes: Recognise notes and coins</i></p>
<p><b>Week 5</b></p>	<p>L.O: 1.To learn about some similarities and differences between people.</p>	<p>L.O: 1.To understand who can help if someone is affected by bullying</p>	<p>L.O: 1.To learn about the importance of using the internet <i>(Internet safety week)</i></p>	<p>L.O: To learn to eradicate germs and the spread of diseases by washing hands.</p>	<p><b>Personal Safety</b></p>	<p><i>L.O: Understand the role of money in our society.</i></p>

	<p><i>Resources: Core theme 2 Unit 3 Lesson 2 – ALL THE SAME</i></p> <p><i>(Oct black history month)</i></p>	<p><i>Resources: CORE 2 UNIT 3 LESSON 5 – CRY BABY</i></p> <p>Outcomes: .To recognise that there are people who care for and look after them. To consider different types of teasing and bullying, understand that bullying is wrong and know how to get help to deal with bullying</p>	<p><i>Resources: CORE 1 UNIT 5 LESSON 6 – E SAFETY</i></p> <p><i>*See website for planning and resources:</i> <a href="https://www.internetmatters.org/schools-esafety/primary/">https://www.internetmatters.org/schools-esafety/primary/</a></p> <p>Outcomes: .To know how to keep safe and how and where to get help. To use strategies to stay safe when using ICT and the internet.</p> <p>Pupils Voice: Who can we trust to keep us safe?</p>	<p>Resources: C1 U2 L4 – WASHING HANDS</p> <p>Outcomes: To understand how germs spread infections and diseases.</p>	<p>L.O: 1.To learn about the difference between secrets and surprises</p> <p><i>Resources: CORE 1 UNIT 5 LESSON 4 – SECRETS AND SURPRISES</i></p> <p>Outcomes: To understand when not to keep adults' secrets</p>	<p><i>Resources: C3 U3 L2 – COINING IT IN</i></p> <p><i>Outcomes: Identify the different types of work people do and learn about different places of work.</i></p>
<b>Week 6</b>	<p>L.O: Know that families are important for children growing up because they can give love, security and stability.</p> <p><i>Outcomes:</i></p> <ul style="list-style-type: none"> <li>Recognise that family and friends should care for each other.</li> </ul> <p><i>Resources: CORE 2 UNIT 4 LESSON 5 – MY FAMILY</i></p>	<p>L.O: 1.To recognise how their behaviour affects other people</p> <p><i>Resources: CORE 1 UNIT 3 LESSON 5 – WHO IS AT FAULT</i></p> <p>Outcomes: .To recognise how attitude and behaviour, including bullying, may affect others. To recognise how their behaviour and that of others may influence people both positively and negatively</p>	<p>L.O: Know where and how to seek support (including recognising the triggers for seeking support), including whom in school they should speak to if they are worried about their own or someone else's mental wellbeing or ability to control their emotions</p> <p>L.O: how to recognise who to trust and who not to trust. (follow up to pupil voice question)</p> <p><i>Resources: C1 U5 L5 – Getting help</i></p>	<p>L.O: To learn about the importance of and reasons for bathing and showering</p> <p><i>Resources: C1 U2 L5 – KEEPING CLEAN</i></p> <p>Outcomes: To manage basic personal hygiene</p>	<p><b>Emotional safety</b></p> <p>1.Learn about who to go to for help and advice</p> <p><i>Resources: CORE 1 UNIT 5 LESSON 5- GETTING HELP</i></p> <p>Outcomes: Learn about ways of, keeping safe and about people who can help them to stay safe</p>	<p><i>L.O: Understand why it is important to keep money safe.</i></p> <p><i>Resources: C3 U3 L3 – KEEP IT SAFE</i></p>
<b>Week 7</b>	<p>L.O: 1.Recognise people who care for and look after them.</p> <p><i>Resources: CORE 2 UNIT 4 LESSON 6 –SPECIAL PEOPLE</i></p> <p>Outcomes: Identify different relationships that they have and why they are important.</p>					

**Year 2**

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<b>Key Text:</b>	Migrants by Issa Watanabe Coming to England by Floella Benjamin  Rosa Parks (National Geographic Kids, Level 3)  Nelson Mandela	Giraffe is left out by Sue Graves and Trevor Dunton  Llama stops teasing by Sue Graves and Trevor Dunton	Mom and Mum Are Getting Married! by Ken Setterington, Alice Priestley  Who's in a Family? By Robert Skutch  Anne Frank (National Geographic Kids, Level 4)	It Feels Good to Be Yourself: A Book About Gender by Theresa Thorn  Little People, Big Dreams: Emmeline Pankhurst Marie Curie Alan Turing	Tiger has a Tantrum by Sue Graves and Trevor Dunton  Turtle comes out of her Shell by Sue Graves and Trevor Dunton  Lion's in a Flap by Sue Graves and Trevor Dunton	My Name is not Refugee by Kate Milner  Migrants by Issa Watanabe  Having a Disability by Louise Spilsbury  Grow Strong!: A Book About Healthy Habits (Being the Best Me) Cheri J. Meiners
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<b>Week 1</b>	L.O: 1.Understand the reason why we have rules 2.Learn about rules as expectations 3.Understand to agree and follow rules for their group and classroom 4.Recognise why rules and expectations are important  Resources: CORE 3 UNIT 1 LESSON 1 – WE EXPECT...	<b>Road safety week</b> L.O: 1.To learn rules for, and ways of, keeping safe, including basic road safety and about people who can help them to stay safe  2.To develop an awareness of the Green Cross Code  3.To demonstrate basic road safety skills  Resources: CORE 1 UNIT 5 LESSON 2 – GREEN CROSS CODE	L.O: 1.Understand their role in the class community 2.Know how to contribute to the life of the classroom 3.Listen to and show consideration for other people's views 4.Listen to, reflect on and respect other people's views and feelings  Resources: CORE 3 UNIT 2 LESSON 1 – COMMON GOALS	L.O: Learn how to develop positive relationships with peers. Recognise that family and friends should care for each other.  Resources: C2 U4 L1 – Friendship lesson 1	L.O: Identify and respect similarities and differences between boys and girls. Learn about the process of growing from young to old.  Resources: C1 U3 L1 – Boys vs girls RSE: UNIT 3 – Changing and growing.	L.O: 1.To think about themselves, learn from experiences and recognise what they are good at 2.To recognise choices that they can make and value their achievements 3.To learn how to set simple goals and targets for themselves  Resources: CORE 1 UNIT 4 LESSON 6 – IT'S A GOAL



<p><b>Week 2</b></p>	<p>L.O:1.To learn about a range of different feelings and emotions 2.To recognise, name and manage their feelings in a positive way</p> <p><b>Resources: CORE 1 UNIT 4 LESSON 2 –GRRR!</b></p>	<p>L.O: 1.To understand what is and what is not bullying behaviour 2.To understand the difference between impulsive and considered behaviour 3.To recognise the difference between good and bad choices</p> <p><b>Resources: CORE 1 UNIT 4 LESSON 5 – GOOD VS BAD</b></p>	<p>L.O: 1.Understanding the importance of sharing 2.Know that everyone has a responsibility to consider the needs of others 3. Listen to and show consideration for other people's views 4.Listen to, reflect on and respect other people's views and feelings</p> <p><b>Resources: CORE 3 UNIT 1 LESSON 5 – SHARE THE BOOTY.</b></p>	<p>L.O: Understand the importance of making friends. Identify and respect the differences and similarities between people.</p> <p><b>Resources: C2 U4 L2 – Friendship lesson 2</b></p>	<p>L.O: Learn the names for different parts of the body. Recognise similarities and differences based on gender.</p> <p><b>Resources: C1 U3 L2 – The human body.</b></p>	<p>L.O: 1.To find out which foods are good for us 2.To understand the importance of a healthy lifestyle, including dental hygiene 3.To make simple choices that improve their health and well-being e.g. healthy eating 4..To apply their knowledge of healthy eating to plan a menu for a themed party</p> <p><b>Resources: CORE 1 UNIT 1 LESSON 3 – PARTY TIME</b></p>
<p><b>Week 3</b></p>	<p>L.O: 1.Understand and be aware of the different ways to show sadness 2.Understand about coping with change and loss 3.Recognise, name and manage their feelings in a positive way Recognise how their behaviour affects other people</p> <p><b>Resources: CORE 1 UNIT 4 LESSON 4- HOW TO COPE</b></p>	<p><b>Anti bullying week</b> L.O: 1.To learn about bullies and bullying behaviour 2.To understand the difference between impulsive and considered behaviour</p> <p><b>Resources: CORE 2 UNIT 2 LESSON 1 – Bully is..</b></p>	<p>L.O: 1.Understand the concept of 'borrowing' 2.Show responsibility to others 3. Listen to and show consideration for other people's views</p> <p><b>Resources: CORE 3 UNIT 1 LESSON 4 –THE BORROWERS</b></p>	<p><b>International women's day</b> L.O: 1.To take part in a simple debate about topical issues 2.To share opinions and explain their views 3.To reflect on the similarities and differences between people</p> <p><b>Resources: CORE 1 UNIT 3 LESSON 1- BOYS VS GIRLS</b></p>	<p>L.O: Learn about the physical changes in our bodies as we Grow. Understand emotional changes as we grow up Know that they have rights over their own bodies.</p> <p><b>Resources: C1 U3 L3 – The human body.</b></p>	<p>L.O: 1.To understand the need for protein as part of a balanced diet 2.To recognise which types of food are healthy</p> <p><b>Resources: CORE 1 UNIT 1 LESSON 2 –MEAT EATERS</b></p>
<p><b>Week 4</b></p>	<p>L.O: 1.Learn about the importance of love. 2.Recognise, name and deal with their feelings in a positive way.</p> <p><b>Resources: CORE 1 UNIT 4 LESSON –THREE LITTLE WORDS</b></p>	<p>L.O: Understand the importance of managing money carefully. Recognise where money comes from and the choices people make to spend money on things they want and need. Understand that we cannot always afford the items we want to buy.</p> <p><b>Resources: C3 U3 L4 – SHOPPING LIST</b></p>	<p>L.O: I can explain how other people's identity online can be different to their identity in real-life. I can describe ways in which people might make themselves look different online. I can give examples of issues online that might make me feel sad, worried, uncomfortable or frightened. I can give examples of how I might get help.</p>	<p>L.O: Learn about the importance of sharing as part of friendship and kindness.</p> <p><b>Resources: C2 U4 L4 – Friendship lesson 4</b></p>	<p>L.O: Learn about how our needs change and grow as we develop.</p> <p><b>Resources: C1 U3 L4 – I need</b></p>	<p>L.O: Understand the need for physical activity to keep healthy. Learn to work as a team to solve a simple challenge.</p> <p><b>Resources: CORE 1 UNIT 1 LESSON 4 –GET PHYSICAL</b></p>

			Resources: SAFE ZONE -SELF IMAGE AND IDENTITY			
<b>Week 5</b>	<p><b>BLACK HISTORY MONTH</b> L.O: to understand why black history month is celebrated. (See folder for PPT &amp; teacher notes.) To learn about some similarities and differences between people from different countries and the importance of cross-cultural friendships</p> <p>Resources: CORE 2 UNIT 4 LESSON 3 – Hola!Bonjour!</p>	<p>L.O: Understand the importance of choices and spending money wisely. Recognise where money comes from and the choices people make to spend money on things they want and need. Understand that we cannot always afford the items we want to buy.</p> <p>Resources: C3 U3 L5 – THIS OR THAT</p>	<p>L.O: I can use the internet to communicate with people I don't know well (e.g. email a pen-pal in another school/country). I can give examples of how I might use technology to communicate with others I don't know well. (<i>Internet safety week</i>)</p> <p>Resources: SAFE ZONE - ONLINE RELATIONSHIPS <i>*See website for planning and resources: <a href="https://www.internetmatters.org/schools-esafety/primary/">https://www.internetmatters.org/schools-esafety/primary/</a></i></p>	<p>L.O: Know that families are important for children growing up because they can give love, security and stability. Recognise that family and friends should care for each other.</p> <p>Resources: C2 U4 L5 – Friendship lesson 5</p>	<p>L.O: Learn to take responsibility for our actions. Learn to be responsible for another living thing.</p> <p>Resources: C1 U3 L5 – Who is at fault?</p>	<p>L.O: Understand how muscles work. Learn to make simple choices that improve their health and well-being.</p> <p>Resources: CORE 1 UNIT 1 LESSON 5- MIGHTY MUSCLES</p>
<b>Week 6</b>	<p>L.O: 1.To understand that they belong to various groups and communities</p> <p>Resources: CORE 3 UNIT 2 LESSON 2 – I BELONG</p>	<p>L.O: Gain a basic understanding of enterprise. Recognise where money comes from and the choices people make to spend money on things they want and need. Understand that we cannot always afford the items we want to buy. Contribute to enterprise activities.</p> <p>Resources: C3 U3 L6 – ENTERPRISE</p>	<p>L.O: I can explain how information put online about me can last for a long time. I know who to talk to if I think someone has made a mistake about putting something online.</p> <p>Resources: SAFE ZONE – ONLINE REPUTATION</p>	<p>L.O: Identify their special people and what makes them special.</p> <p>Resources: C2 U4 L6 – Friendship lesson 6</p>	<p>L.O: Learn about a range of different feelings and emotions. Understand that it is acceptable to feel a range of emotions.</p> <p>Resources: C1 U3 L5 – Mood swings.</p>	<p>L.O: Understand the importance of physical activity and rest as part of a balanced, healthy lifestyle. Make positive real-life choices.</p> <p>Resources: CORE 1 UNIT 1 LESSON 6 -WORKOUT</p>
<b>Week 7</b>	<p>L.O: 1.To develop a sense of belonging in the wider community</p> <p>Resources: CORE 3 UNIT 2 LESSON 3 –JOIN OUR CLUB</p>					<p><b>Drug Safety</b> L.O: 1.To learn about the importance of medicine safety 2.To recognise that some substances can help or harm the body</p> <p>Resources: CORE 1 UNIT 5 LESSON 3 – Magic Medicine</p>

## Year 3

Special Events	Autumn 1 - Black history Month	Autumn 2 - Anti bullying week - Road safety week	Spring 1 - Internet safety week - LGBT History Month - Martin Luther King Day - Holocaust Memorial Day - Place 2 Be Children's mental health week	Spring 2 - World book day - International women's day - World health day - Science week	Summer 1 - Mental health awareness week - Walk to school week	Summer 2 - Healthy eating week: - Refugee Week - National Disability week
<b>MCPA Qualities</b>	Attitude Behaviour	Courage Friendship	Determination Enthusiasm	Attitude Grit	Friendship Courage	Behaviour, Determination & Enthusiasm
<b>Key Text:</b>	Migrants by Issa Watanabe Coming to England by Floella Benjamin  Rosa Parks (National Geographic Kids, Level 3)  Nelson Mandela	Giraffe is left out by Sue Graves and Trevor Dunton  Llama stops teasing by Sue Graves and Trevor Dunton	Mom and Mum Are Getting Married! by Ken Setterington, Alice Priestley  Who's in a Family? By Robert Skutch  Anne Frank (National Geographic Kids, Level 4)	It Feels Good to Be Yourself: A Book About Gender by Theresa Thorn  Little People, Big Dreams: Emmeline Pankhurst Marie Curie	Tiger has a Tantrum by Sue Graves and Trevor Dunton  Turtle comes out of her Shell by Sue Graves and Trevor Dunton  Lion's in a Flap by Sue Graves and Trevor Dunton	My Name is not Refugee by Kate Milner  Migrants by Issa Watanabe  Having a Disability by Louise Spilsbury  Grow Strong!: A Book About Healthy Habits (Being the Best Me) Cheri J. Meiners
<b>Core units</b>	CORE 1: Health and Wellbeing		CORE 2: Relationships Education		CORE 3: Living in the Wider World	
<b>Big Question</b>	Where are you from?	Can we all be friends?	Who are you?	Does gender matter?	Is it brave to talk?	Are we healthy?
<b>Links</b>	Parents/ local community members	Community Champions: Green Cross Code and Anti-Bullying week (recorded message)	Mental Health Champions: Wellbeing in 15	Community Champions: recordings of children reading stories with a wellbeing focus	Mental Health Champions: Wellbeing in 15	MCPA Health & Wellbeing Day (Healthy eating week) Recorded Pupil diaries (National Disability week)
<b>Week 1</b>	L.O: Understand why rules are needed in different situations. Recognise that rules may need to be changed Recognise the need to take responsibility for actions Identify and understand why laws are made and how they are applied just Recognise right and wrong, what is fair and unfair and explain why  <b>Resources: C3 U1 L1 - I'm in charge</b>	L.O: I can learn strategies for keeping safe in the local environment or unfamiliar places (rail, water, road) and firework safety  <b>Resources:</b> <b>Road safety week</b> Activities that link to basic road safety and the green cross code. <a href="http://www.roadsafetyweek.org.uk/">http://www.roadsafetyweek.org.uk/</a>	L.O: Understand why it is important to listen to others.  Work cooperatively, showing fairness and consideration to others  <b>Resources: C2 U2 L1 -NAME GAME</b>	L.O: Challenge stereotypes relating to gender and work  <b>International women's day PPT</b>	L.O: Know and understand the features of a good friend. Understand why it is important to be positive in relationships with others  <b>Resources: C2 U5 L1 - BEST FEATURES</b>	L.O: Know how to make a clear and efficient call to emergency services if necessary (First Aid)  <b>Resources: C1 U8 L3 - EMERGENCY CALLS 1</b>

<p><b>Week 2</b></p>	<p>L.O: Understand how we are all connected by our similarities.</p> <p>Resources: C2 U4 L1 – Paper Chains</p>	<p>LO: To know how to recognise bullying behaviour.</p> <p>Resources: LESSON 1 FRUSTRATION! - C2 U3 L1</p>	<p>L.O: Understand why it is important to work collaboratively. Empathise with another viewpoint.</p> <p>Resources: C2 U2 L2 – BUILD IT UP!</p>	<p>L.O: To understand what equality means. To know that there is a difference between being treated equally and being treated fairly.</p> <p>Pupil Voice - Equality</p>	<p>L.O: Know how important friendships are in making us feel happy and secure, and how people choose and make friends. Know that healthy friendships are positive and welcoming towards others, and do not make others feel lonely or excluded.</p> <p>Resources: C2 U5 L2 – CIRCLES TIME</p>	<p>L.O: Recognise and manage risk in everyday activities. Take responsibility for their own safety and the safety of others and be able to seek help in an emergency. Extend strategies to cope with risky situations.</p> <p>Resources: C1 U8 L3 - EMERGENCY CALLS 2</p>
<p><b>Week 3</b></p>	<p>L.O: To know and understand how the make-up of family units can differ To empathise with another viewpoint</p> <p>Resources: C2 U4 L2 – Family Links</p> <p><i>Black history month</i></p>	<p>LO: To recognise how attitude, behaviour and peer pressure can influence choice and behaviour, including dealing with bullying</p> <p>Resources: C2 U3 L2 - LESSON 2 I'M A MARVEL!</p> <p><i>(Anti bullying week)</i></p>	<p>L.O: Know how to identify ways to improve the environment</p> <p>Resources: Better Places C2 U2 L3</p>	<p>Health and wellbeing L.O: To understand the meaning of the word 'healthy' Understand how to be healthy.</p> <p>Healthy living ppt (links with world health day)</p>	<p>L.O: Form and maintain appropriate relationships with a range of different people.</p> <p>Resources: C2 U5 L3 – FALLING OUT</p>	<p>L.O: Understand the meaning of the word 'healthy' Explore the relationship and balance between physical activity and nutrition in achieving a physically and mentally healthy lifestyle.</p> <p>Resources: C1 U2 L1 – DEFINE HEALTHY</p>
<p><b>Week 4</b></p>	<p>L.O: To understand and appreciate the range of different cultures and religions represented within school To learn about the need for tolerance for those of different faiths and beliefs</p> <p>Resources: C2 U4 L3</p>	<p>LO:Recognise how their behaviour and that of others may influence people both positively and negatively.</p> <p>Resources: OVERREACTING – C1 U5 L5</p> <p>Outcomes: Know how to judge whether what they are feeling and how they are behaving is appropriate and proportionate.</p>	<p>L.O: Know the rules and principles for keeping safe online, how to recognise risks, harmful content and contact, and how to report them.</p> <p>Resources: C1 U6 L1 – ONLINE CHAT</p>	<p>L.O: Explore the relationship and balance between physical activity and nutrition in achieving a physically and mentally healthy lifestyle.</p> <p>C1 U1 L1 – I AM WHO I AM</p>	<p>L.O: Understand why it is important to be positive in relationships with others. Work cooperatively, showing fairness and consideration to others.</p> <p>Resources: C2 U5 L4 – THE BAFTAS</p>	<p>L.O: Know the risks associated with an inactive lifestyle (including obesity). Resources: C1 U2 L2 – ACTIVE KIDS</p> <p>Outcomes: -Know the recommended guidelines for physical activity and understand the reasons for these. -Recognise the benefits of regular exercise and understand the particular benefits of different physical activities for promoting health. -how and when to seek support including which adults to speak to in school if</p>

						they are worried about their health.
<b>Week 5</b>	<p>LO: To understand the term 'diversity' and appreciate diversity within school.</p> <p><i>Resources: UNIT 4 – Similarities &amp; differences. C2 U4 L4 – Inside Outside</i></p> <p>Outcomes: To recognise and challenge stereotyping and discrimination</p> <p><b>Pupil voice: What does it mean to be respectful and what does it look like?</b></p>	<p>LO: Learn about the importance of self-respect and how this links to their own happiness</p> <p><i>Resources: LET'S R.O.C.K! – C1 U5 L6</i></p> <p><i>Outcomes: Recognise, name and manage their feelings in a positive way.</i></p>	<p>L.O: Know about the concept of privacy and the implications of it for both children and adults; including that it is not always right to keep secrets if they relate to being safe.</p> <p><i>Resources: C1 U6 L2 – THE SECRETS JAR (Internet safety week)</i></p>	<p>L.O: To become more self-aware.</p> <p><i>Resources: C1 U1 L2 – HEARTS AND MINDS</i></p>	<p>L.O: To know and understand the importance of mental health &amp; strategies to support positive wellbeing.</p> <p><i>SEE PPT in folder – and plan according to the needs within each class. (Mental health awareness week)</i></p>	<p>L.O: Know the benefits of physical exercise, time outdoors, community participation, voluntary and service-based activity on mental wellbeing and happiness.</p> <p><i>Resources: C1 U2 L3 – IT'S YOUR CHOICE.</i></p>
<b>Week 6</b>	<p>LO: I know what a stereotype is, and how they can be unfair, negative or destructive.</p> <p>(Follow up lesson from the pupil voice last week).</p> <p><b>Question – What does it mean to be respectful and what does it look like?</b></p>	<p>L.O: Understand why it is important to listen to others. Talk about their views on issues that affect themselves and their class.</p> <p><i>Resources: LESSON 2 LISTEN UP! – C2 U1 L2</i></p>	<p>L.O: Use ICT safely including keeping electronic data secure. Use ICT safely including using software features and settings.</p> <p><i>Resources: C1 U6 L3 – E PROTECTION.</i></p>	<p>L.O: Understand why setting goals is important.</p> <p><i>Resources: C1 U1 L3 – THREE IN ONE</i></p>	<p>L.O: To know and understand the importance of mental health &amp; strategies to support positive wellbeing.</p>	<p>L.O: Recognise the importance of local organisations in providing for the needs of the local community. Make decisions, giving consideration to the impact they may have on others. Recognise and manage risk in everyday life</p> <p><i>Resources: C1 U8 L1 – How to help Pupil voice</i></p>
<b>Week 7</b>	<p>LO: Understand why it is important to be part of a community.</p> <p><i>Resources: C3 U2 L1 – Different communities: My community</i></p>					

# Year 4

Special Events	Autumn 1 - Black history Month	Autumn 2 - Anti bullying week - Road safety week	Spring 1 - Internet safety week - LGBT History Month - Martin Luther King Day - Holocaust Memorial Day - Place 2 Be Children's mental health week	Spring 2 - World book day - International women's day - World health day - Science week	Summer 1 - Mental health awareness week - Walk to school week	Summer 2 - Healthy eating week: - Refugee Week - National Disability week
<b>MCPA Qualities</b>	Attitude Behaviour	Courage Friendship	Determination Enthusiasm	Attitude Grit	Friendship Courage	Behaviour, Determination & Enthusiasm
<b>Key Text:</b>	Coming to England by Floella Benjamin  Little People, Big Dreams: Harriet Tubman  Back of the Bus by Aaron Reynolds  Martin Luther King	Oliver Button is a Sissy by Tomie Depaola	Mom and Mum Are Getting Married! by Ken Setterington, Alice Priestley  Little People, Big Dreams: Anne Frank	Little People, Big Dreams: Elton John Greta Thunberg Mary Anning Zaha Hadid	All The Things That Could Go Wrong by Stewart Foster	The day war came by Nicola Davies  The Journey by Francesca Sanna  Malala's Magic Pencil by Malala Yousafzai  Isaac and his amazing Asperger superpower by Melanie Walsh  Little People, Big Dreams: Stephen Hawking
<b>Core units</b>	CORE 1: Health and Wellbeing		CORE 2: Relationships Education		CORE 3: Living in the Wider World	
<b>Big Question</b>	Where are you from?	Can we all be friends?	Who are you?	Does gender matter?	Is it brave to talk?	Are we healthy?
<b>Links</b>	Parents/ local community member	Community Champions: Green Cross Code and Anti-Bullying week (recorded message)	Mental Health Champions: Wellbeing in 15	Community Champions: recordings of children reading stories with a wellbeing focus	Mental Health Champions: Wellbeing in 15	MCPA Health & Wellbeing Day (Healthy eating week) Recorded Pupil diaries (National Disability week)
<b>Week 1</b>	LO: Understand why it is important to listen to others.  <b>Resources: C2 U2 L1 – Name game</b>  <i>Outcomes: Work cooperatively, showing fairness and consideration to others. Reflect on own mistakes and make amends.</i>	<b>Road safety week</b>  L.O:  <b>Resources: <a href="http://www.roadsafetyweek.org.uk/">http://www.roadsafetyweek.org.uk/</a></b>  Activities that link to basic road safety and the green cross code.	LO: Understand how we are all connected by our similarities.  <b>Resources: C2 U4 L1 – PAPER CHAINS.</b>	LO: Challenge stereotypes relating to gender and work  <b>Resources: C3 U3 L1 - HIS AND HERS</b>  <i>Outcomes: To know and understand the terms 'discrimination' and 'stereotype'.</i>  <b>International women's day additional resources: <a href="https://www.bbc.co.uk/cbbc/curations/international-womens-day">https://www.bbc.co.uk/cbbc/curations/international-womens-day</a></b>	L.O: Understand that the rate at which we grow varies from person to person.  <b>Resources: C2 L7 U1 – Before puberty.</b>  <b>(Relationships education– Growing and changing)</b>	L.O: Know what constitutes a healthy diet (including understanding calories and other nutritional content)  <b>Resources: C1 U3 L1 – PLANT OR ANIMAL?</b>  Outcomes: Know where different foods come from.
<b>Week 2</b>	LO: Understand why it is important to work collaboratively.  <b>Resources: C2 U2 L2 – Build it up</b>	LO: Take responsibility for their own safety and the safety of others and be able to seek help in an emergency.  <b>Resources: C1 U8 L1 - WHO TO CALL</b>	L.O: Know that stable, caring relationships, which may be of different types, are at the heart of happy families, and are important for children's security as they grow up.	L.O: Recognise their strengths and how they can contribute to different groups. <b>ASPIRATIONS</b>  <b>Resources: C1 U4 L1 – I'M GOOD AT THAT.</b>	L.O: Show awareness of changes that take place as they grow (Growing and changing)  <b>Resources: C1 U7 L2 – VISIBLE CHANGES</b>	L.O: Know what constitutes a healthy diet (including understanding calories and other nutritional content)  <b>Resources: C1 U3 L2 – A BALANCED DIET</b>

	<p><i>Outcomes: Work cooperatively, showing fairness and consideration to others</i></p>	<p><i>Outcomes: Recognise and manage risk in everyday activities. Take responsibility for their own safety and the safety of others and be able to seek help in an emergency. Extend strategies to cope with risky situations. Behave safely and responsibly in different situations.</i></p>	<p>LO: How to recognise if family relationships are making them feel unhappy or unsafe.</p> <p><b>Resources: C2 U4 L2 – FAMILY LINKS</b></p> <p>Outcomes: Know and understand how the make-up of family units can differ.</p>			<p>Outcomes: Know about and understand the function of different food groups for a balanced diet.</p>
<b>Week 3</b>	<p>LO: Recognise that there are many ways to communicate.</p> <p><b>Resources: C2 U1 L1 – Dot dot dash</b></p> <p><i>Outcomes: Understand the need to communicate clearly.</i></p>	<p>LO: Know how to make a clear and efficient call to emergency services, if necessary.</p> <p><b>Resources: C1 U8 L2 Call 999</b></p> <p><i>Outcomes: Recognise the importance of local organisations in providing for the needs of the local community. Make decisions, giving consideration to the impact they may have on others. Recognise and manage risk in everyday activities. Take responsibility for their own safety and the safety of others and be able to seek help in an emergency. Extend strategies to cope with risky situations. Behave safely and responsibly in different situations.</i></p>	<p>LO: Know how to communicate their opinions in a group setting</p> <p><b>Resources: C2 U1 L4 – IT'S DEBATABLE.</b></p> <p>Outcomes: Understand why it is important to listen to others. To empathise with another viewpoint.</p>	<p><i>Know how to set realistic targets. Recognise their strengths and how they can contribute to different groups. Identify and talk about their own and others' strengths and weaknesses and how to improve.</i></p> <p><b>Resources: C1 U4 L2 – FUTURE ME</b></p>	<p>LO: Know and understand the features of a good friend (and how to recognise when it's not going the right way - Peer on peer)</p> <p><b>RELATIONSHIPS EDUCATION – Healthy relationships.</b></p> <p><b>Resources: C2 U5 L1 – BEST FEATURES</b></p> <p>Outcomes: Understand why it is important to be positive in relationships with others</p>	<p>LO: Know the principles of planning and preparing a range of healthy meals.</p> <p><b>Resources: C1 U3 L3 – MASTER CHEF</b></p>
<b>Week 4</b>	<p>LO: Know how to recognise who to trust and who not to trust, how to judge when a friendship is making them feel unhappy or uncomfortable.</p> <p><b>Resources: C2 U1 L2 – LISTEN UP</b></p> <p><i>Outcomes: Managing conflict, how to manage these situations and how to seek help or advice from others, if needed.</i></p>	<p>LO - To understand the terms 'resilience' and 'persistence' and why these character traits are important</p> <p><b>Resources: DON'T GIVE UP- C2 U3 L3</b></p>	<p>LO: To use ICT safely including using software features and settings</p> <p><b>Resources: C1 U6 L4 – IT'S PERSONAL</b></p> <p>Outcomes: Know how information and data is shared and used online.</p>	<p>LO: Understand how to break down the steps needed to achieve a goal.</p> <p><b>Resources: C1 U4 L3 – THAT'S MY GOAL!</b></p>	<p>LO: Know how important friendships are in making us feel happy and secure, and how people choose and make friends</p> <p><b>Resources: C2 U5 L2 – CIRCLES TIME</b></p> <p>Outcomes: Know that healthy friendships are positive and welcoming towards others, and do not make others feel lonely or excluded.</p>	<p>LO: Learn to prepare and cook a variety of dishes.</p> <p><b>Resources: C1 U3 L4 – OUR FOODHALL</b></p> <p>Outcomes: Work cooperatively, showing fairness and consideration to others. Identify the range of jobs carried out by the people they know.</p>

	<p><i>Understand why it is important to listen to others. Talk about their views on issues that affect themselves and their class. Empathise with another viewpoint.</i></p>					
<b>Week 5</b>	<p>LO: To understand the term 'diversity' and appreciate diversity within school.</p> <p><b>Resources:</b> C2U4L3- INSIDE OUT</p> <p><i>Outcomes: To recognise and challenge stereotyping and discrimination.</i></p> <p><b>Additional resources:</b> <a href="https://www.parliament.uk/education/teaching-resources-lesson-plans/black-history-month/">https://www.parliament.uk/education/teaching-resources-lesson-plans/black-history-month/</a></p>	<p>LO: To know how to recognise bullying behaviour.</p> <p><b>Resources:</b> OVER AND OVER -C2 U3 L4</p>	<p>L.O: Know about the benefits of rationing time spent online, the risks of excessive time spent on electronic devices and the impact of positive and negative content online on their own and others' mental and physical wellbeing.</p> <p><b>Resources:</b> C1 U6 L5 – ONLINE USAGE (<i>Internet safety week</i>)</p>	<p>L.O: Begin to reflect on their worth as individuals by identifying positive things about themselves and their achievements.</p> <p><b>Resources:</b> C1 U4 L4 – THE IMPOSSIBLE DREAM (Keeping Healthy PPT) (<i>links with world health day</i>)</p>	<p>L.O: Understand what self-esteem is and why it is important.</p> <p><b>Resources:</b> C2U3L2 – I'M A MARVEL</p> <p><b>(Mental health awareness week)</b></p>	<p>L.O: Learn about and reflect on their own spending habits / choices</p> <p><b>Resources:</b> C3 U4 L1 – A MILLION DOLLARS</p> <p>Outcomes: Understand why financial management and planning is important from a young age.</p>
<b>Week 6</b>	<p>LO: I know what a stereotype is, and how they can be unfair, negative or destructive.</p> <p><b>Resources:</b> LKS2 U1 –COMMUNICATION L4 – EXPRESSING OPINIONS (IT'S DEBATABLE)</p> <p><i>Outcome: To work cooperatively, showing fairness and consideration to others.</i></p> <p><b>Pupil voice:</b> What does it mean to be respectful and what does it look like?</p>	<p>LO: Know how to judge whether what they are feeling and how they are behaving is appropriate and proportionate.</p> <p><b>Resources:</b> OVERREACTING-C1U5L5</p> <p><i>Outcomes: Develop strategies for managing and controlling strong feelings and emotions Recognise how their behaviour and that of others may influence people both positively and negatively.</i></p> <p><b>(Anti bullying week)</b></p>	<p>L.O: To know why social media, some computer games and online gaming, for example, are age restricted</p> <p><b>Resources:</b> C1 U6 L6 – AGE LIMITS.</p> <p>Outcomes: To know where and how to report concerns and get support with issues online.</p>	<p>L.O: Learn about the importance of self-respect and how this links to their own happiness.</p> <p><b>Resources:</b> C1 U5 L6 – LET'S ROCK!</p>	<p>L.O: Form and maintain appropriate relationships with a range of different people.</p> <p><b>Resources:</b> C2 U5 L3 – FALLING OUT</p>	<p>L.O: Learn about and reflect on their own spending habits / choices.</p> <p><b>Resources:</b> C3 U4 L2 – DESIGN CHOICES</p> <p>Outcomes: Understand why financial management and planning is important from a young age.</p>
<b>Week 7</b>	<p>LO: I know what a stereotype is, and how they can be unfair, negative or destructive.</p> <p>(Follow up lesson from the pupil voice last week - Question – What does it mean to be respectful and what does it look like?)</p>				<p>L.O: Understand why it is important to be positive in relationships with others. Work cooperatively, showing fairness and consideration to others.</p> <p><b>Resources:</b> C2 U5 L4 – THE BAFTAS</p>	



## Year 4

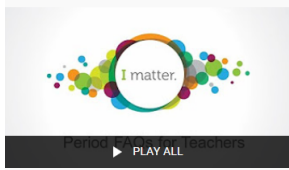
Special Events	Autumn 1 - Black history Month	Autumn 2 - Anti bullying week - Road safety week	Spring 1 - Internet safety week - LGBT History Month - Martin Luther King Day - Holocaust Memorial Day -Place 2 Be Children's mental health week	Spring 2 - World book day - International women's day - World health day - Science week	Summer 1 - Mental health awareness week - Walk to school week	Summer 2 - Healthy eating week: - Refugee Week - National Disability week
<b>MCPA Qualities</b>	Attitude Behaviour	Courage Friendship	Determination Enthusiasm	Attitude Grit	Friendship Courage	Behaviour, Determination & Enthusiasm
<b>Key Text:</b>	Coming to England by Floella Benjamin  Little People, Big Dreams: Harriet Tubman  Back of the Bus by Aaron Reynolds  Martin Luther King	Oliver Button is a Sissy by Tomie Depaola	Mom and Mum Are Getting Married! by Ken Setterington, Alice Priestley  Little People, Big Dreams: Anne Frank	Little People, Big Dreams: Elton John Greta Thunberg Mary Anning Zaha Hadid	All The Things That Could Go Wrong by Stewart Foster	The day war came by Nicola Davies  The Journey by Francesca Sanna  Malala's Magic Pencil by Malala Yousafzai  Isaac and his amazing Asperger superpower by Melanie Walsh  Little People, Big Dreams: Stephen Hawking
<b>Core units</b>	CORE 1: Health and Wellbeing      CORE 2: Relationships Education      CORE 3: Living in the Wider World					
<b>Big Question</b>	Where are you from?	Can we all be friends?	Who are you?	Does gender matter?	Is it brave to talk?	Are we healthy?
<b>Links</b>	Parents/ local community member	Community Champions: Green Cross Code and Anti-Bullying week (recorded message)	Mental Health Champions: Wellbeing in 15	Community Champions: recordings of children reading stories with a wellbeing focus	Mental Health Champions: Wellbeing in 15	MCPA Health & Wellbeing Day (Healthy eating week) Recorded Pupil diaries (National Disability week)
<b>Week 1</b>	LO: Understand why it is important to listen to others.  <b>Resources: C2 U2 L1 – Name game</b>  <i>Outcomes: Work cooperatively, showing fairness and consideration to</i>	<b>Road safety week</b>  L.O:  <b>Resources:</b> <a href="http://www.roadsafetyweek.org.uk/">http://www.roadsafetyweek.org.uk/</a>	LO: Understand how we are all connected by our similarities.  <b>Resources: C2 U4 L1 – PAPER CHAINS.</b>	LO: Challenge stereotypes relating to gender and work  <b>Resources: C3U3L1 - HIS AND HERS</b>  <i>Outcomes: To know and understand the terms 'discrimination' and 'stereotype'.</i>	L.O: Understand that the rate at which we grow varies from person to person.  <b>Resources: C2 L7 U1 – Before puberty.</b>  <b>(Relationships education– Growing and changing)</b>	L.O: Know what constitutes a healthy diet (including understanding calories and other nutritional content)  <b>Resources: C1 U3 L1 – PLANT OR ANIMAL?</b>

	<i>others. Reflect on own mistakes and make amends.</i>	Activities that link to basic road safety and the green cross code.		<b>International women's day additional resources:</b> <a href="https://www.bbc.co.uk/cbbc/curations/international-womens-day">https://www.bbc.co.uk/cbbc/curations/international-womens-day</a>		Outcomes: Know where different foods come from.
<b>Week 2</b>	LO: Understand why it is important to work collaboratively.  <b>Resources: C2 U2 L2 – Build it up</b>  <i>Outcomes: Work cooperatively, showing fairness and consideration to others</i>	LO: Take responsibility for their own safety and the safety of others and be able to seek help in an emergency.  <b>Resources: C1 U8 L1 - WHO TO CALL</b>  <i>Outcomes: Recognise and manage risk in everyday activities. Take responsibility for their own safety and the safety of others and be able to seek help in an emergency. Extend strategies to cope with risky situations. Behave safely and responsibly in different situations.</i>	LO: Know that stable, caring relationships, which may be of different types, are at the heart of happy families, and are important for children's security as they grow up.  LO: How to recognise if family relationships are making them feel unhappy or unsafe.  <b>Resources: C2 U4 L2 – FAMILY LINKS</b>  Outcomes: Know and understand how the make-up of family units can differ.	LO: Recognise their strengths and how they can contribute to different groups. <b>ASPIRATIONS</b>  <b>Resources: C1 U4 L1 – I'M GOOD AT THAT.</b>	LO: Show awareness of changes that take place as they grow (Growing and changing)  <b>Resources: C1 U7 L2 – VISIBLE CHANGES</b>	LO: Know what constitutes a healthy diet (including understanding calories and other nutritional content)  <b>Resources: C1 U3 L2 – A BALANCED DIET</b>  Outcomes: Know about and understand the function of different food groups for a balanced diet.
<b>Week 3</b>	LO: Recognise that there are many ways to communicate.  <b>Resources: C2 U1 L1 – Dot dot dash</b>  <i>Outcomes: Understand the need to communicate clearly.</i>	LO: Know how to make a clear and efficient call to emergency services, if necessary.  <b>Resources: C1 U8 L2 Call 999</b>  <i>Outcomes: Recognise the importance of local organisations in providing for the needs of the local community. Make decisions, giving consideration to the impact they may have on others. Recognise and manage risk in everyday activities. Take responsibility for their own safety and the safety of others and be able to seek help in an emergency. Extend strategies to cope with risky situations. Behave safely and responsibly in different situations.</i>	LO: Know how to communicate their opinions in a group setting  <b>Resources: C2 U1 L4 – IT'S DEBATABLE.</b>  Outcomes: Understand why it is important to listen to others. To empathise with another viewpoint.	<i>Know how to set realistic targets. Recognise their strengths and how they can contribute to different groups. Identify and talk about their own and others' strengths and weaknesses and how to improve.</i>  <b>Resources: C1 U4 L2 – FUTURE ME</b>	LO: Know and understand the features of a good friend (and how to recognise when it's not going the right way - Peer on peer) <b>RELATIONSHIPS EDUCATION – Healthy relationships.</b>  <b>Resources: C2 U5 L1 – BEST FEATURES</b>  Outcomes: Understand why it is important to be positive in relationships with others	LO: Know the principles of planning and preparing a range of healthy meals.  <b>Resources: C1 U3 L3 – MASTER CHEF</b>
<b>Week 4</b>	LO: Know how to recognise who to trust and who not to trust, how to judge when a friendship is making them feel unhappy or uncomfortable.	LO - To understand the terms 'resilience' and 'persistence' and why these character traits are important  <b>Resources: DON'T GIVE UP-C2 U3 L3</b>	LO: To use ICT safely including using software features and settings  <b>Resources: C1 U6 L4 – IT'S PERSONAL</b>	LO: Understand how to break down the steps needed to achieve a goal.  <b>Resources: C1 U4 L3 – THAT'S MY GOAL!</b>	LO: Know how important friendships are in making us feel happy and secure, and how people choose and make friends  <b>Resources: C2 U5 L2 – CIRCLES TIME</b>	LO: Learn to prepare and cook a variety of dishes.  <b>Resources: C1 U3 L4 – OUR FOODHALL</b>  Outcomes: Work cooperatively, showing

	<p><b>Resources: C2 U1 L2 – LISTEN UP</b></p> <p><i>Outcomes: Managing conflict, how to manage these situations and how to seek help or advice from others, if needed. Understand why it is important to listen to others. Talk about their views on issues that affect themselves and their class. Empathise with another viewpoint.</i></p>		<p>Outcomes: Know how information and data is shared and used online.</p>		<p>Outcomes: Know that healthy friendships are positive and welcoming towards others, and do not make others feel lonely or excluded.</p>	<p>fairness and consideration to others. Identify the range of jobs carried out by the people they know.</p>
<b>Week 5</b>	<p>LO: To understand the term 'diversity' and appreciate diversity within school.</p> <p><b>Resources: C2U4L3- INSIDE OUT</b></p> <p><i>Outcomes: To recognise and challenge stereotyping and discrimination.</i> <b>Additional resources:</b> <a href="https://www.parliament.uk/education/teaching-resources-lesson-plans/black-history-month/">https://www.parliament.uk/education/teaching-resources-lesson-plans/black-history-month/</a></p>	<p>LO: To know how to recognise bullying behaviour.</p> <p><b>Resources: OVER AND OVER – C2 U3 L4</b></p> <p><b>Resources: C1 U6 L5 – ONLINE USAGE (Internet safety week)</b></p>	<p>LO: Know about the benefits of rationing time spent online, the risks of excessive time spent on electronic devices and the impact of positive and negative content online on their own and others' mental and physical wellbeing.</p> <p><b>Resources: C1 U6 L5 – ONLINE USAGE (Internet safety week)</b></p>	<p>LO: Begin to reflect on their worth as individuals by identifying positive things about themselves and their achievements.</p> <p><b>Resources: C1 U4 L4 – THE IMPOSSIBLE DREAM (Keeping Healthy PPT) (links with world health day)</b></p>	<p>LO: Understand what self-esteem is and why it is important.</p> <p><b>Resources: C2U3L2 – I'M A MARVEL (Mental health awareness week)</b></p>	<p>LO: Learn about and reflect on their own spending habits / choices</p> <p><b>Resources: C3 U4 L1 – A MILLION DOLLARS</b></p> <p>Outcomes: Understand why financial management and planning is important from a young age.</p>
<b>Week 6</b>	<p>LO: I know what a stereotype is, and how they can be unfair, negative or destructive.</p> <p><b>Resources: LKS2 U1 –COMMUNICATION L4 – EXPRESSING OPINIONS (IT'S DEBATABLE)</b></p> <p><i>Outcome: To work cooperatively, showing fairness and consideration to others.</i></p> <p><b>Pupil voice:</b> What does it mean to be respectful and what does it look like?</p>	<p>LO: Know how to judge whether what they are feeling and how they are behaving is appropriate and proportionate.</p> <p><b>Resources: OVERREACTING- C1U5L5</b></p> <p><i>Outcomes: Develop strategies for managing and controlling strong feelings and emotions Recognise how their behaviour and that of others may influence people both positively and negatively.</i></p> <p><b>(Anti bullying week)</b></p>	<p>LO: To know why social media, some computer games and online gaming, for example, are age restricted</p> <p><b>Resources: C1 U6 L6 – AGE LIMITS.</b></p> <p>Outcomes: To know where and how to report concerns and get support with issues online.</p>	<p>LO: Learn about the importance of self-respect and how this links to their own happiness.</p> <p><b>Resources: C1 U5 L6 – LET'S ROCK!</b></p>	<p>LO: Form and maintain appropriate relationships with a range of different people.</p> <p><b>Resources: C2 U5 L3 – FALLING OUT</b></p>	<p>LO: Learn about and reflect on their own spending habits / choices.</p> <p><b>Resources: C3 U4 L2 – DESIGN CHOICES</b></p> <p>Outcomes: Understand why financial management and planning is important from a young age.</p>

<p><b>Week 7</b></p>	<p>LO: I know what a stereotype is, and how they can be unfair, negative or destructive.</p> <p>(Follow up lesson from the pupil voice last week - Question - What does it mean to be respectful and what does it look like?)</p>				<p>L.O: Understand why it is important to be positive in relationships with others. Work cooperatively, showing fairness and consideration to others.</p> <p>Resources: C2 U5 L4 - THE BAFTAS</p>	
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# Year 5

Special Events	Autumn 1 - Black history Month	Autumn 2 - Anti bullying week - Road safety week	Spring 1 - Internet safety week - LGBT History Month - Martin Luther King Day - Holocaust Memorial Day - Place 2 Be Children's mental health week	Spring 2 - World book day - International women's day - World health day - Science week	Summer 1 - Mental health awareness week - Walk to school week	Summer 2 - Healthy eating week: - Refugee Week - National Disability week
MCPA Qualities	Attitude Behaviour	Courage Friendship	Determination Enthusiasm	Attitude Grit	Friendship Courage	Behaviour, Determination & Enthusiasm
Key Text:	Coming to England by Floella Benjamin  Little People, Big Dreams: Harriet Tubman  Back of the Bus by Aaron Reynolds  Martin Luther King	Oliver Button is a Sissy by Tomie Depaola	Mom and Mum Are Getting Married! by Ken Setterington, Alice Priestley  Little People, Big Dreams: Anne Frank	Little People, Big Dreams: Elton John Greta Thunberg Mary Anning Zaha Hadid	All The Things That Could Go Wrong by Stewart Foster	The day war came by Nicola Davies  The Journey by Francesca Sanna  Malala's Magic Pencil by Malala Yousafzai  Isaac and his amazing Asperger superpower by Melanie Walsh  Little People, Big Dreams: Stephen Hawking
Core units	CORE 1: Health and Wellbeing		CORE 2: Relationships Education		CORE 3: Living in the Wider World	
Big Question	Where are you from?	Can we all be friends?	Who are you?	Does gender matter?	Is it brave to talk?	Are we healthy?
Links	Parents/ local community member	Community Champions: Green Cross Code and Anti-Bullying week (recorded message)	Mental Health Champions: Wellbeing in 15	Community Champions: recordings of children reading stories with a wellbeing focus	Mental Health Champions: Wellbeing in 15	MCPA Health & Wellbeing Day (Healthy eating week) Recorded Pupil diaries (National Disability week) Nurse visit
Week 1	LO: Understand the need for confidentiality in certain situations.  <b>Resources: UNIT 1- Communication</b> <b>C2 U1 L1 – SECRET INFO</b>  <i>Outcomes: Recognise that there are many different ways to communicate.</i>	L.O: I can learn strategies for keeping safe in the local environment or unfamiliar places (rail, water, road) and firework safety (Road safety week)  <b>Resources:</b> Resources available on: <a href="http://www.roadsafetyweek.org.uk/">http://www.roadsafetyweek.org.uk/</a>	LO: to know that mental wellbeing is a normal part of daily life, in the same way as physical health.  <i>Outcomes: Know about the basic synergy between physical, emotional and mental health.</i>  <b>Resources: C1 U1 L1 – 3D</b>	LO: To learn about gender discrimination and its impact.  <b>Resources: UNIT 3 – Similarities and differences. Lesson 2: Gender stereotypes</b>  <i>Outcomes: To challenge stereotyping and discrimination.</i>  <b>Pupil Voice:</b> Are we treated differently according to our gender?	<b>Puberty talks</b> L.O: Understand the physical and emotional changes that take place during puberty, why they are taking place and the importance of personal hygiene.   Puberty and Periods	<i>LO: Know what constitutes a healthy diet (including understanding calories and other nutritional content).</i>  <b>Resources: C1 U2 L1 – SECRET EATERS</b>  <i>Outcomes: Know about the food groups and their related importance as part of a balanced diet. Develop an awareness of their own dietary needs</i>


<p><b>Week 2</b></p>	<p>LO: Know and understand the importance of listening to others. Understand the role of the listener in any relationship.</p> <p><b>Resources: UNIT 1- Communication. C2 U1 L2 – I'M ALL EARS</b></p> <p><i>Outcomes: Listen to, reflect on and respect other people's views and feelings.</i></p>	<p>LO: Understand the meaning and importance of resilience and courage.</p> <p><b>Resources: BUILDING COURAGE AND RESILIENCE – KS2 E&amp;R I1</b></p> <p><i>Outcomes: Recognise and know how to deal with situations involving peer pressure.</i></p>	<p>LO: To know how and when to seek support including which adults to speak to in school if they are worried about their health (physical or mental)</p> <p><b>Resources: C1 U1 L5 – YOUNG MINDS</b></p> <p><i>Outcomes: To know that it is common for people to experience mental ill health. Take responsibility for their own safety and the safety of others and be able to seek help in an emergency. To know that with the right support problems can be resolved.</i></p>	<p>LO: To learn about gender discrimination and its <i>impact</i></p> <p>(Follow up lesson to pupil voice looking at – Are we treated differently according to our gender?)</p>	<p>LO: I understand why close relationships are formed, especially during adolescence.</p> <p><b>Resources: Lesson 1: Forming Relationships</b></p> <p><i>Outcomes: Understand why friendship is important in the establishment of close relationships.</i></p>	<p>LO: Know the principles of planning and preparing a range of healthy meals.</p> <p><b>Resources: INVENTION TEAM – C1 U2 L2</b></p> <p><i>Outcomes: Work collaboratively towards a common goal. Take responsibility for their physical activity and nutrition in achieving a physically and mentally healthy lifestyle.</i></p>
<p><b>Week 3</b></p>	<p>LO: To recognise that there are many ways to communicate</p> <p><b>Resources: UNIT 1 - Communication. C2 U1 L3 - SCENARIOS</b></p> <p><i>Outcomes: Understand the need to both listen and speak when communicating with others. Identify how to find information and advice through help lines.</i></p>	<p>LO: Recognise the features of extremism.</p> <p><b>Resources: EXTREME REACTIONS-KS2 E&amp;R L2</b></p> <p><i>Outcomes: Identify some of the stereotypes relevant to extremism. Understand the nature and consequences of negative behaviours such as bullying, aggressiveness.</i></p>	<p><b>Mental Wellbeing</b></p> <p>LO: I understand simple self care techniques.</p> <p>Outcomes: I understand that isolation and loneliness can affect children and that it is very important for children to discuss their feelings with an adult and seek support.</p>	<p>LO: Know the facts about legal and illegal harmful substances and associated risks.</p> <p><b>Resources: C1 U5 L1- JUST SAY NO.</b></p> <p><i>Outcomes: Take action based on responsible choices. Develop strategies for understanding, managing and controlling strong feelings and emotions and dealing with negative pressures.</i></p>	<p>LO: Recognise how new relationships may develop.</p> <p><b>Resources: Lesson 2: Sexual Relationships</b></p> <p><i>Outcomes: Reflect on the many different types of relationships that exist. Manage changing emotions and recognise how they can impact on relationships.</i></p>	<p>LO: Know what constitutes a healthy diet (including understanding calories and other nutritional content)</p> <p><b>Resources: MICHELIN STARS – C1 U2 L3</b></p> <p><i>Outcomes: Know how to cook and apply the principles of nutrition and healthy eating. (Healthy eating week)</i></p>
<p><b>Week 4</b></p>	<p>LO: To understand the benefits of living in a diverse community and learn to celebrate diversity.</p> <p><b>Resources: C3 U2 L1 –we're cultured. UNIT 2 – Diversity</b></p> <p><i>Outcomes: Recognise that communities and the people within them are diverse,</i></p>	<p>LO: Know how to recognise and talk about their emotions (including having a varied vocabulary of words to use when talking about their own and others' feelings.)</p> <p><b>Resources: C1 U4 L1 – Its natural UNIT 4 EMOTIONS: Death &amp; Grief (Lesson1)</b></p>	<p>LO: Know that the same principles apply to online relationships as to face-to-face relationships, including the importance of respect for others online including when we are anonymous.</p> <p><b>Resources: A RISKY BUSINESS – C2 U4 L5</b></p>	<p>LO: Know the facts about legal and illegal harmful substances and associated risks.</p> <p><b>Resources: C1 U5 L2- DRINK AWARE</b></p> <p><i>Outcomes: To make responsible, informed decisions relating to</i></p>	<p>LO: Understand why friendship is important in the establishment of close relationships.</p> <p><b>Resources: Lesson 3: Healthy Relationships</b></p> <p><i>Outcomes: Know the features of a healthy relationship. Recognise</i></p>	<p>LO: Know the characteristics and mental and physical benefits of an active lifestyle.</p> <p><b>Resources: YOU CHOOSE C1 U1 L3</b></p>

	<p>changing and interconnected. Discuss how people can live and work together to benefit their communities. Recognise and respect similarities and differences between people.</p> <p><b>Black history month</b></p>	<p>Outcomes: Recognise that people can feel alone and misunderstood and learn how to give appropriate support. Develop strategies for understanding, managing and controlling strong feelings and emotions and dealing with negative pressures.</p>	<p>Outcomes: Know how to critically consider their online friendships and sources of information including awareness of the risks associated with people they have never met. Know that the internet can also be a negative place where online abuse, trolling, bullying and harassment can take place, which can have a negative impact on mental health.</p> <p><b>Pupil Voice – How safe do you feel online?</b></p>	<p>medicines, alcohol, tobacco and other substances and drugs.</p>	<p>how new relationships may develop. Recognise that positive friendships and relationships can promote health and wellbeing.</p>	<p>Outcomes: Understand the importance of making changes in adopting a more healthy lifestyle.</p>
<b>Week 5</b>	<p>LO: To learn about racial discrimination and its impact on societies, past and present.</p> <p>Resources: UNIT 3 – Similarities and differences. Lesson 1: Race and ethnicity <b>See also:</b> <a href="https://www.parliament.uk/education/teaching-resources-lesson-plans/black-history-month/">https://www.parliament.uk/education/teaching-resources-lesson-plans/black-history-month/</a></p>	<p>LO: Know about and understand the cyclic nature of life and how death is an inevitable part of this cycle.</p> <p>Resources: C1 U4 L2 – Poppies UNIT 4 EMOTIONS: Death &amp; Grief (Lesson2)</p> <p>Outcomes: Recognise that people can feel alone and misunderstood and learn how to give appropriate support. Develop strategies for understanding, managing and controlling strong feelings and emotions and dealing with negative pressures. Manage changing emotions and recognise how they can impact on relationships.</p>	<p>LO: To understand the concepts of 'identity' and 'freedom of expression' when they are online.</p> <p>(Follow up lesson to pupil voice looking at key question: <i>How safe do you feel online?!</i>)</p> <p>Resources: for additional resources, see resource folder – Week 5 Online Identity.</p>	<p>LO: now the facts about legal and illegal harmful substances and associated risks <b>Drug &amp; Alcohol awareness</b></p> <p>Resources: C1U5L3-UP IN SMOKE</p> <p>Outcomes: I can identify the different kinds of risks associated with the use and misuse of a range of substances and the impact that misuse of substances can have on individuals, their families and friends.</p>	<p>LO: Know the difference between appropriate and inappropriate touches</p> <p>Resources: TOUCH SENSITIVE – C2U4L1</p> <p>Outcomes: Take responsibility for their own safety and the safety of others and be able to seek help in an emergency. Know how to recognise and report feelings of being unsafe. <b>Know how and when to seek help – Pupil voice.</b></p>	<p>LO: Know how to recognise early signs of physical illness, such as weight loss, or unexplained changes to the body.</p> <p>Resources: PHYSICAL ILLNESS – C1 U1 L4</p> <p>Outcomes: Self-assess, understanding how this will help their future actions. Take responsibility for their own safety and the safety of others and be able to seek help in an emergency.</p>
<b>Week 6</b>	<p>LO: Understand the benefits of living in a diverse community and learn to celebrate diversity.</p> <p>Resources: C3 U2 L1 –we're cultured. UNIT 3 – Similarities and differences. Lesson 3: Culture</p>	<p>LO: Recognise that positive friendships and relationships can promote health and wellbeing.</p> <p>Resources: Families at war – C1 U4 L3 UNIT 4 EMOTIONS: Managing Conflict (Lesson 3)</p> <p>Outcomes: Know how to recognise if family</p>	<p>LO: Know that relationships can change as a result of growing up.</p> <p>Resources: CONNECTIONS – c2u4l2</p> <p>Outcomes: Develop strategies for understanding, managing and controlling strong feelings and emotions and dealing</p>	<p>LO: Know the facts about legal and illegal harmful substances and associated risks. <b>Drug &amp; Alcohol</b></p> <p>Resources: C1 U5 L4 – LETS BE FRANK</p> <p>Outcomes: Make responsible, informed decisions relating</p>	<p>LO: Know that marriage represents a formal and legally recognised commitment of two people to each other which is intended to be lifelong.</p> <p>Resources: C2U4 L3– I PROMISE</p>	<p>LO: To know the facts and science relating to allergies, immunisation and vaccination.</p> <p>Resources: ONE SHARP SCRATCH – C1 U1 L6</p>

	<b>Pupil Voice – Why is the use of derogatory terms harmful to society?</b>	<i>relationships are making them feel unhappy or unsafe, and how to seek help or advice from others if needed. Understand the need for empathy when peers are experiencing conflict at home.</i>	<i>with negative pressure. Reflect on how to deal with feelings about themselves, their family and others in a positive way.</i>	<i>to medicines, alcohol, tobacco and other substances and drugs.</i>	Outcomes: Reflect on the many different types of relationships that exist.	<i>Outcomes: Listen to and show consideration for other people's views. Make responsible, informed decisions.</i>
<b>Week 7</b>	LO: To learn about racial discrimination and its impact on societies, past and present.  (Follow up lesson from the pupil voice last week) <b>Question – Why is the use of derogatory terms harmful to society?</b>					LO: Know concepts of basic first-aid, for example dealing with common injuries, including head injuries.  <b>Resources: C1U5L5 BASIC FIRST AID</b>  Outcomes: Take responsibility for their own safety and the safety of others and be able to seek help in an emergency.

Year 6						
<b>Special Events</b>	Autumn 1 - Black history Month	Autumn 2 - Anti bullying week - Road safety week	Spring 1 - Internet safety week - LGBT History Month - Martin Luther King Day - Holocaust Memorial Day -Place 2 Be Children's mental health week	Spring 2 - World book day - International women's day - World health day - Science week	Summer 1 - Mental health awareness week - Walk to school week	Summer 2 - Healthy eating week: - Refugee Week - National Disability week
<b>MCPA Qualities</b>	Attitude Behaviour	Courage Friendship	Determination Enthusiasm	Attitude Grit	Friendship Courage	Behaviour, Determination & Enthusiasm
<b>Key Text:</b>	Coming to England by Floella Benjamin  Little People, Big Dreams: Harriet Tubman	Oliver Button is a Sissy by Tomie Depaola	Mom and Mum Are Getting Married! by Ken Setterington, Alice Priestley  Little People, Big Dreams: Anne Frank	Little People, Big Dreams: Elton John Greta Thunberg Mary Anning Zaha Hadid	All The Things That Could Go Wrong by Stewart Foster	The day war came by Nicola Davies  The Journey by Francesca Sanna



	Back of the Bus by Aaron Reynolds  Martin Luther King					Malala's Magic Pencil by Malala Yousafzai  Isaac and his amazing Asperger superpower by Melanie Walsh  Little People. Big Dreams: Stephen Hawking
<b>Core units</b>	CORE 1: Health and Wellbeing		CORE 2: Relationships Education		CORE 3: Living in the Wider World	
<b>Big Question</b>	Where are you from?	Can we all be friends?	Who are you?	Does gender matter?	Is it brave to talk?	Are we healthy?
<b>Links</b>	Parents/ local community member	Community Champions: Green Cross Code and Anti-Bullying week (recorded message)	Mental Health Champions: Wellbeing in 15	Community Champions: recordings of children reading stories with a wellbeing focus	Mental Health Champions: Wellbeing in 15  Nurse visit	MCPA Health & Wellbeing Day (Healthy eating week) Recorded Pupil diaries (National Disability week)
<b>Week 1</b>	<p>L.O: I can understand why structure is needed in different situations.</p> <p><b>Resources - C3 U1 L1 – JUST IMAGINE. UNIT 1 – Rules and responsibilities. Lesson 1: Structure</b></p> <p><i>Outcomes: Recognise how rights need to be balanced against responsibilities in order to protect individuals and communities from injustice.</i></p>	<p>L.O: I can learn strategies for keeping safe in the local environment or unfamiliar places (rail, water, road) and firework safety (Road safety week)</p> <p><b>Resources:</b> Resources available on: <a href="http://www.roadsafetyweek.org.uk/">http://www.roadsafetyweek.org.uk/</a></p>	<p>L.O: I can recognise and know how to deal with situations involving peer pressure. <b>(Extremism and radicalisation)</b></p> <p><b>Resources: L1 -ER</b></p> <p><i>Outcomes: Develop strategies for understanding, managing and controlling strong feelings and emotions and dealing with negative pressures</i></p>	<p>L.O: I know about gender identities and have an awareness of transgender issues.</p> <p><b>Resources: L5: Gender Issues</b></p> <p><i>Outcomes: Identify how to find information and advice through help lines. Have an understanding of transgender issues, and use correct terminology when discussing gender identity.</i></p>	<p>L.O: I can understand the physical and emotional changes that take place during puberty, why they are taking place and the importance of personal hygiene.</p> <p><b>Resources: Puberty talks</b></p>  <p>Puberty and Periods</p> <p><i>Outcomes: to identify the external genitalia and internal reproductive organs in males and females and how the process of puberty relates to human reproduction.</i></p>	<p>L.O: I can learn about budgeting and what it means to budget</p> <p><b>Resources: C3 U3 L1 – MONEY SUPERMARKET</b></p> <p><i>Outcomes: Understand why financial management and planning is important from a young age.</i></p>

<p><b>Week 2</b></p>	<p>L.O: I know and understand the meaning of the following: - democracy, sovereignty, dictatorship, government and monarchy.</p> <p><b>Resources: C3 U1 L2 – IN CHARGE. UNIT 1 – Rules and responsibilities. Lesson 2: Law &amp; Order</b></p> <p><i>Outcomes: Recognise how rights need to be balanced against responsibilities in order to protect individuals and communities from injustice.</i></p>	<p>L.O: I can recognise how attitude, behaviour and peer pressure can influence choice and behaviour, including dealing with bullying. (Learn more about discrimination: what it means and how to challenge (incl challenging derogatory language)</p> <p><b>Resources: MINORITY GROUPS – KS2 E&amp;R L3</b></p> <p><i>Outcomes: Identify and challenge stereotypes, including LGBT and other minority groups.</i></p>	<p>L.O: I can recognise the features of extremism <b>(Identify why and how people are recruited into extremist activity (Grooming).</b></p> <p><b>Resources: EXTREME REACTIONS L2</b></p> <p><i>Outcomes: Identify some of the stereotypes relevant to extremism. Understand how extremism can lead to harm.</i></p>	<p>L.O: To learn about gender discrimination and its <i>impact</i></p> <p><b>(Follow up lesson to pupil voice looking at – Are girls treated differently to boys?)</b></p>	<p>L.O: I know how and understand why close relationships are formed, especially during adolescence.</p> <p><b>Resources: Lesson 1: Forming Relationships</b></p> <p><i>Outcomes: I understand why friendship is important in the establishment of close relationships.</i></p>	<p>L.O: I know and understand financial terms such as loan, interest, tax and discount. I understand why aspirations are important in helping to plan for the future.</p> <p><b>Resources: C3 U3 L2- PAYMENT TERMS</b></p>
<p><b>Week 3</b></p>	<p>LO: I can learn about organisations such as the United Nations.</p> <p><b>Resources: C3 U1 L3 – OUR RIGHTS UNIT 1 – Rules and responsibilities. Lesson 3: U.N Rights</b></p> <p><i>Outcomes: Understand the importance and significance of equal rights.</i></p>	<p>L.O: I know that bullying (including cyberbullying) has a negative and often lasting impact on mental wellbeing.</p> <p><i>Outcomes: Understand the responsibilities of bystanders (primarily reporting bullying to an adult) and how to get help.</i></p> <p>Recognise how attitude, behaviour and peer pressure can influence choice and behaviour, including dealing with bullying.</p> <p><b>Resources: MIND BUSINESS- C2U4L4</b></p>	<p>L.O: Identify why and how people are recruited into radicalised activity.</p> <p><b>Resources: L4 - Vulnerability.</b></p> <p><i>Outcomes: Identify some of the stereotypes relevant to radicalisation. Identify the risks faced in relation to extremist activity.</i></p>	<p>L.O: To learn about gender discrimination and its <i>impact</i> <b>(links with International women's day)</b></p> <p><b>Challenging stereotypes</b></p> <p>(Learn more about prejudice; how to recognise behaviours/actions which discriminate against others; ways of responding to it if witnessed or experienced.)</p>	<p>L.O: Understand why friendship is important in the establishment of close relationships.</p> <p><b>Resources: Lesson 3: Healthy Relationships</b></p> <p><i>Outcomes: Know the features of a healthy relationship. Recognise how new relationships may develop. Recognise that positive friendships and relationships can promote health and wellbeing. Reflect on the many different types of relationships that exist. Manage changing emotions and recognise how they can impact on relationships.</i></p>	<p>L.O: Know and understand financial terms such as loan, interest, tax and discount.</p> <p><b>Resources: C3 U3 L3 – CLASS CATALOGUE</b></p>
<p><b>Week 4</b></p>	<p>L.O: To understand the benefits of living in a diverse community and learn to celebrate diversity.</p>	<p>L.O: Recognise extremism and radicalisation <b>(Including keeping safe &amp; recognising signs of grooming.)</b></p>	<p>L.O: To know that the internet can also be a negative place where online abuse, trolling, bullying and harassment can take place, which</p>	<p>L.O: To recognise that there are laws surrounding the use of legal drugs and that</p>	<p>L.O: Understand what an unhealthy relationship is and know how to deal with relationship issues.</p>	<p>L.O: know and understand the principles of enterprise.</p>

	<p>Resources: C3 U2 L1 –we're cultured. UNIT 2 – Diversity</p> <p>Outcomes: know that October marks Black History Month. Gain an understanding of why Black History Month is celebrated. Find out about Parliament's role in legislating on issues such as race relations.</p> <p><a href="https://www.parliament.uk/education/teaching-resources-lesson-plans/black-history-month/">https://www.parliament.uk/education/teaching-resources-lesson-plans/black-history-month/</a></p>	<p>Resources: VULNERABILITY – KS2 E&amp;R</p> <p>Outcomes: Identify some of the stereotypes relevant to radicalisation. Identify the risks faced in relation to extremist activity.</p>	<p>can have a negative impact on mental health.</p> <p>Resources: A RISKY BUSINESS- C2U4L5</p>	<p>some drugs are illegal to own, use and give to others.</p> <p>Resources: DRUGS &amp; ALCOHOL ABUSE. Lesson 2 –Taking risks.</p> <p>Outcomes: Recognise and respond to issues of safety relating to themselves and others and how to get help.</p>	<p>Resources: Lesson 4: Unhealthy Relationships</p> <p>Outcomes: Identify how to find information and advice through help lines. Judge what kind of physical contact is acceptable or unacceptable in relationships.</p>	<p>Resources: MAKING MONEY - C3 U4 L1</p> <p>Outcomes: Understand profit and loss.</p>
Week 5	<p>LO: To learn about racial discrimination and its impact on societies, past and present. <b>Black history month</b></p> <p>Resources: UNIT 3 – Similarities and differences. Lesson 1: Race and ethnicity <i>*see also:</i> <a href="https://www.parliament.uk/education/teaching-resources-lesson-plans/black-history-month/">https://www.parliament.uk/education/teaching-resources-lesson-plans/black-history-month/</a></p> <p>Outcomes: Identify different forms of discrimination against people in societies. Recognise stereotyping and discrimination. Recognise the factors influencing opinion and choice, including the media Know how to challenge stereotyping and discrimination.</p> <p>Pupil voice question – Is anyone treated badly for being different?</p>	<p>L.O: To know how and when to seek support including which adults to speak to in school if they are worried about their health.</p> <p>Resources: C1 U1 L5</p> <p>Outcomes: to know that it is common for people to experience mental ill health.</p>	<p><b>(Anti bullying week)</b> LO: I understand the benefits and pitfalls of online relationships. I can identify information that I should never share.</p> <p>Resources: PEOPLE ONLINE – see folder for resources. Includes a video which is rated PG. Please ensure you view this before showing it to your class; this will enable you to check for suitability and plan further questioning)</p> <p>Outcomes: Challenging racist and homophobic language. Know how to critically consider their online friendships and sources of information including awareness of the risks associated with people they have never met.</p>	<p>LO: Understand the term 'addiction' and know some of the different forms it can take. Make responsible, informed decisions relating to medicines, alcohol, tobacco and other substances.</p> <p>Resources: DRUGS &amp; ALCOHOL ABUSE. Lesson 3 – Taking drugs.</p> <p>Outcomes: The facts about legal and illegal harmful substances and associated risks, including medicines, smoking, alcohol use and drug-taking.</p>	<p>LO: to know how to report concerns or abuse, and the vocabulary and confidence needed to do so. To know that each person's body belongs to them, and the differences between appropriate and inappropriate or unsafe physical, and other, contact.</p> <p>Resources: 3D Tough Topics – Peer on peer abuse.</p>	<p>LO: Know and understand the principles of charity work.</p> <p>Resources: C3 U4 L2 – RAISING MONEY</p> <p>Outcomes: Work collaboratively towards common goals. Reach agreements, make decisions and manage discussions to achieve positive results. Recognise their strengths and how they can contribute to different groups.</p>

<p><b>Week 6</b></p>	<p>LO: To learn about racial discrimination and its impact on societies, past and present.</p> <p>(Follow up lesson from the pupil voice last week).</p> <p><b>Question – Why is the use of derogatory terms harmful to society?</b></p>	<p>L.O: Know the characteristics and mental and physical benefits of an active lifestyle.</p> <p><b>Resources: C1 U1 L3</b></p> <p><i>Outcomes: to understand the importance of sufficient good quality sleep for good health and that a lack of sleep can affect weight, mood and ability to learn.</i></p>	<p>LO: Define cyberbullying and recognise examples of it. Find help and know who to speak to.</p> <p><b>Resources: CYBERBULLYING – GONE TOO FAR.</b></p> <p><i>Outcomes: Challenging racist and homophobic language. Know the rules and principles for keeping safe online, how to recognise risks, harmful content and contact, and how to report them.</i></p>	<p>LO: Make responsible, informed decisions relating to medicines, alcohol, tobacco and other substances and drugs.</p> <p><b>Resources: DRUGS &amp; ALCOHOL ABUSE. Lesson 5 – Substance abuse.</b></p> <p><b>Outcomes: The facts about legal and illegal harmful substances and associated risks, including medicines, smoking, alcohol use and drug-taking.</b></p>	<p>L.O: That female genital mutilation (FGM) is against British law, what to do and whom to tell if they think they or someone they know might be at risk.</p> <p><b>Resources: 3D Tough topics - FGM</b></p>	<p>TRANSITION WEEK</p>
<p><b>Week 7</b></p>	<p>L.O: Understand the benefits of living in a diverse community and learn to celebrate diversity.</p> <p><b>Resources: C3 U2 L1 –we're cultured. Lesson 3: Culture</b></p> <p><i>Outcomes: Identify different forms of discrimination against people in societies. Recognise stereotyping and discrimination. Recognise the factors influencing opinion and choice, including the media Know how to challenge stereotyping and discrimination.</i></p>					<p>TRANSITION WEEK</p>